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The NIHR Research Design Service
for Yorkshire & the Humber

'TAKE FIVE' – January 2012

Join our **email alert list** to receive our newsletter, 'Take Five' (monthly funding update) and information about events and other RDS activities - www.rds-yh.nihr.ac.uk

Welcome to the January 2012 edition of 'Take Five', from the Yorkshire and Humber RDS, a regular email update, groaning with training events, research funding and the latest health news, and websites in neat little sets of five. Please do feel free to forward this update to colleagues in your workplace.

Upcoming Learning Events

- For more details about learning run by the RDS for the Yorkshire and the Humber and information about how to book a place on one of these courses please see our website: <http://www.rds-yh.nihr.ac.uk/learning-events.aspx>

We are currently developing a number of their Learning Events as online resources, please see: <http://www.rds-yh.nihr.ac.uk/learning-events/podcasts.aspx>

Dates for the following events in York will be available to book online in early 2012:

- NIHR Funding Programmes - how to be successful!
- Writing Grant Applications using the NIHR Standard Application Form

Current Awareness

1. **Ministers back call to quiz patients on lifestyle**

NHS staff in England must adapt their roles to ensure they promote good health under plans being published. An independent panel of government advisers says health professionals should take every opportunity to discuss diet, exercise, smoking and drinking habits. <http://www.bbc.co.uk/news/health-16473677>

2. **Routine aspirin 'may cause harm'**

Healthy people who take aspirin to prevent a heart attack or stroke could be doing more harm than good, warn researchers. An analysis of more than 100,000 patients, published in Archives of Internal Medicine, concluded the risk of internal bleeding was too high. The UK-led study said only people with a history of heart problems or stroke should take the tablets. <http://www.bbc.co.uk/news/health-16468337>

3. **Bereavement raises heart attack risk, says study**

The newly bereaved are at greatly increased risk of heart attack after the death of a close loved one, US researchers say. Heart attack risk is 21 times higher within the first day and six times higher than normal within the first week, a study in the Circulation journal of nearly 2,000 people shows. Symptoms to watch for include chest pain and shortness of breath. Experts say intense grief puts extra strain on the heart. <http://www.bbc.co.uk/news/health-16467182>

4. **Nicotine 'may aid memory in early dementia'**

Nicotine patches may improve the memory of elderly people experiencing the earliest symptoms of dementia, researchers suspect. The patches appear to give a cognitive boost to people with mild memory impairment. The findings, published in the journal Neurology, come from a small study of 67 people over a period of six months. Experts say the results are not conclusive, merely hinting of a benefit and do not mean people should smoke. <http://www.bbc.co.uk/news/health-16467186>

5. **Two drink-free days a week needed, MPs' report says**

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People should have at least two days a week completely clear of alcohol, a group of MPs says. It is one of the recommendations in a [report by the Commons science and technology committee](#), which is calling for a review of all government guidelines on alcohol in the UK. It says there are "sufficient concerns" about the recommendations on how much people should drink. <http://www.bbc.co.uk/news/health-16443240>

Funding Opportunities (Projects and Programmes)

1. [Arthritis Research UK](#)

[Project Grants](#)

To provide for the salary of postdoctoral researchers and/or technical assistance, running costs and the purchase of small items of essential equipment. In addition, Arthritis Research UK will enhance the salaries of all non-clinical postdoctoral research staff employed on project grants. Project Grants may provide funding of up to £300,000.

Amount of funding available: > £100K

Closing date: 30 May 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/Queries/ListGrantDetails.asp?GrantID=28>

2. [Kidney Research UK](#)

[Research Project Grants](#)

The maximum research project grant available is £180,000 spread over a period up to three years.

Amount of funding available: > £100K

Closing date: 02 March 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=463>

3. [Leukaemia & Lymphoma Research](#)

[Specialist Programme Grants](#)

Programme grants are intended to cover all the direct costs attributable to the research proposal apart from premises costs and the costs of established technical or academic staff, cost of services or any other overheads.

Amount of funding available: unspecified

Closing date: 02 March 2012

Duration: > 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=190>

4. [British Heart Foundation](#)

[Programme Grants](#)

Award may include: Staff (e.g. technician, research assistant, postdoctoral salaries) (N.B. excluding PhD studentships); Research consumables, directly attributable to the project; Research equipment essential for the project.

Amount of funding available: > £100K

Closing date: 25 December 2012

Duration: > 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=57>

5. [British Lung Foundation](#)

[Pump-Priming Grants](#)

Maximum funding per award: £25,000.

Amount of funding available: £10K - £50K

Closing date: 27 April 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=16080>

Funding Opportunities (Fellowships)

1. [National Institute for Health Research Trainees Coordinating Centre \(NIHR TCC\)](#)

[Academic Clinical Fellowships](#)

Up to 250 Fellowships are available in 2011.

Amount of funding available: unspecified

Closing date: 31 March 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=12499>

2. [MRC - Medical Research Council](#)

[Senior Clinical Fellowship](#)

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The MRC provides the salary of the senior clinical fellow, who will be an employee of the host institution. The costs of research support staff, research consumables expenses and capital equipment appropriate for the research project, an annual travel allowance, and other appropriate items can be requested under full economic cost.

Amount of funding available: unspecified

Closing date: 26 April 2012

Duration: > 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=1626>

3. [Asthma UK](#)

[Research Fellowship Funding](#)

Individuals are invited to apply for their full salary costs (up to an absolute maximum of £65,000 per year) and consumable costs (up to £10,000 per year) that are essential to the research.

Amount of funding available: £50K - £100K

Closing date: 27 April 2012

Duration: > 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=212>

4. [Diabetes UK](#)

[RD Lawrence Research Fellowships](#)

Requests for materials and equipment should not exceed £14,000 per annum. Salary for the applicant may be requested. The salary for a technician or postgraduate research assistant may also be requested. This must be justified fully in the proposal.

Amount of funding available: £10K - £50K

Closing date: 31 October 2012

Duration: > 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=964>

5. [Arthritis Research UK](#)

[Career Progression Fellowships](#)

The fellowship will provide 50% of a full time salary for up to 2 years with appropriate running costs in partnership with the host institution, who will agree to co-fund 50% of the salary. This fellowship is not renewable and successful applicants will be expected to secure a fully funded fellowship or academic post by the end of the fellowship.

Amount of funding available: unspecified

Closing date: 19 September 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=10312>

Funding Opportunities (Studentships)

1. [British Lung Foundation](#)

[Asbestos-Related Disease PhD Studentships](#)

Clinical awards will cover PhD student's salary, plus research consumables directly attributable to the project, usually less than £12,000 per year. Total award for 3 years will be in accordance with salary requested. Total award for 3 years cannot be greater than £100,000.

£50K - £100K

Closing date: 24 February 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=16082>

2. [Laura Crane Trust](#)

[PhD Studentships](#)

Up to £80,000 available in total.

Amount of funding available: £50K - £100K

Closing date: Apply Anytime

Duration: Unspecified

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=1997>

3. [British Society for Antimicrobial Chemotherapy](#)

[PhD Studentship Scheme](#)

Funding permitting, one award will be made alternate years.

Amount of funding available: unspecified

Closing date: 01 November 2012

Duration: Single

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<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=14291>

4. [British Heart Foundation](#)

[Non-Clinical PhD Studentships](#)

Award may include: Student stipend at current BHF rates; Tuition fees at standard home student rate (set by the research institution); Research consumables, directly attributable to the project, usually less than £10,000 per year.

Amount of funding available: Unspecified

Closing date: Apply Anytime

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=7446>

5. [Science and Technology Facilities Council](#)

[CASE Studentships](#)

Amount of funding available: unspecified.

Closing date: 01 September 2012

Duration: 1 year - 3 years

<http://www.rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=14276>

Health Websites/Gateways/portals

Sadly Intute is no longer updating its list of new health websites, so for the time being we will be using HON (Health on the Net) Code. http://www.hon.ch/HONcode/Pro/LatestActivity/recentSites_reeval_United_Kingdom.html

http://www.hon.ch/HONcode/Patients/LatestActivity/recentSites_USA.html

1. [Focus on Fabry](#)

This site provides information for patients, families and healthcare professionals with an interest in Fabry disease, a lysosomal storage disorder. www.focusonfabry.com/

2. [Bladder Control](#)

This site provides general information about urinary incontinence. The information on this website is not intended as medical counsel. It's got information about what incontinence is, what healthcare services are available and what treatments might be offered. www.bladder-control.co.uk/

3. [Tuberous Sclerosis Association UK](#)

This site is a comprehensive website for patients, families, fundraisers and professionals working with people with tuberous sclerosis complex (TSC). www.tuberous-sclerosis.org/

4. [The Encephalitis Society](#)

This site is run on a non-profit making basis and provides support for those affected by encephalitis either directly or indirectly. www.encephalitis.info/

5. [Bupa health information](#)

The site provides more than 1000 pages of free health information for consumers. It includes 600 (will be 1000) factsheets on conditions, treatments and lifestyle issues. www.bupa.co.uk/individuals/health-information

And finally...the Metro reports...

“Newcastle pub sells special beer for dogs“

Read more: <http://www.metro.co.uk/weird/886834-pub-sells-special-beer-for-dogs>

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The NIHR Research Design Service for Yorkshire & the Humber

The National Institute of Health Research (NIHR) Research Design Service for Yorkshire & the Humber (RDS YH) supports researchers to develop and design high quality research proposals for submission to the NIHR and other national, peer-reviewed funding competitions for applied health or social care research. This support is provided free of charge.

If you need [support or specialist advice](#) to turn your ideas into research proposals, or to further develop your existing proposals, then please explore our site to see what we can offer.

Face-to-face advice is available for local researchers, supported by telephone and email. Just complete the online 'Request for Advice and Support' form on the [Advice and Support](#) page of our website and we will be in touch to arrange an appointment.

[Request for RDS Advice and Support - Bespoke Advice](#)

Please contact us if you would like more information at rds-yh@sheffield.ac.uk or telephone our general enquires number on 0114 222 0828 - we look forward to hearing from you.

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