OS Grid Reference	Description of location	Dist. from start (km)	Description of route to next check point
	Three Merry Lads	0	Walk start location. From here turn left out of the car park, and head along the road as if going back to Sheffield. About 100m along (before you get to the Sportsman Pub) do a right turn into a big car park. Past the recycling bins and across the playing fields with the plantation about 50m over to your right. As you make your way across the fields you will see a white post on the horizon, the access point to the path is about 30m to the right of this and just to the left of all the rough grass.  Turn right onto the path (the Conduit) and follow it with the stream/wall on your left all the way to the road. Once at Soughley Lane, turn left up the lane for about 200m until you come to the corner. Turn right here, over the stile and follow the path. Shortly, before you reach the gate, take a left turn at the corner of the the wall and go through another gate so that you pick up a fence on your right. You'll also see a sign that says Lower Redmires Reservoir. Keep on. (What you are going to do now is walk around the reservoirs following this path until you pick up with the tail end of the Redmires Rd.)  Continuing around the reservoirs keeping to the paved trail/path. Near the end of this section you will come to a concrete bridge with iron rails — continue over this, keep on the main trail, do not deviate off down the footpath to the left. Continue until you reach the road with a marshal waiting for you here.
SK256 851	End of Redmires Road	3.8	Follow the byway up to Stanage Pole (SK 247844). Continue down the track about 300m down to a small waist height post marking access. Keep going along the obvious trail so that you quickly pick up Stanage Edge on your LEFT. Stay on the main track, past a marshal who will point you down in the direction of the Long Causeway.
SK241 845	Top of the Long Causeway	5.9	The Long Causeway leads you to the road at the bottom, and to Dennis Knoll car park. Here, turn left along the road so that the trees are on your right. Down the road, and over the cattle grid. Turn right along the path so that the trees are still on your right. About 30m down here you will see a double-gate that leads you through the stone wall. Through here, and turn left so that the wall is on your left now. Keep on this main track now all the way down to the houses (Green House) through a wooden pedestrian gate at the bottom. Marshal here.
SK229 838	Greene's House (gate)	8.4	At the house, turn left, through a brilliant gate (it's got a wheel on it) and immediately through the wall following a muddy path down, so that the houses are on your right. This path takes you down to some fields and then into the trees. Over the stream, heading down hill keeping in the same direction until you get to the road. Over the road and through a gate. Continue following the path downhill, past Brookfield Manor on your right, and finally you'll meet a track by a wooden marker post. Take an oblique turn right along the track. As you progress southwards towards Hathersage, the track becomes more defined (Baulk Lane) and passes first some buildings on the left and then the allotments on the right. Past the church up to your left, and eventually down to the main road (A6187) at the bottom. No need to cross this, instead turn right heading into the village, where you'll find a marshal sat by the public conveniences.
	Hathersage Public Conveniences/Tourist Info	10.8	Head along the road and turn left outside the George, down the B6001. Just before the Little John, take a right fork down Mill Lane. Down the lane and continue under the railway bridge. Where the lane meets with Dore Lane (with Nether Hall Lodge on your right) turn right through the (open) wooden gates and down the surfaced track which is also a public footpath. Do not go right through

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			the white gates for Nether Hall. Signs about free-range hens and dogs on leads etc will soon prevail. Continue along past the farm on your right and then onto the footpath proper, all the way to the road (B6001) about 1 mile on. At the road, cross it carefully (there's your H&S brief) and onto the obvious path opposite, which is in fact a tarmac surface at this point. The river will be down to your right, and if you're lucky the air will be rich with the aroma of wild-garlic! Stay on this path/road, until eventually you come to a house (Harper Lees), where the path leads you round to the right and into some fields. Follow this broad grassy path, which is well marked. The path continues along the valley floor now and will lead you into the woods where you will see a post offering you a short cut (left) to Grindleford Station: stay right at this post and keep to the valley with the river on your right until you reach the road.
SK245 779	St Helen's Church Grindleford	15.6	Continue past the church and walk towards the traffic lights, and then turn left onto the public footpath just before these. You will see a sign post that directs you to Froggatt, Curbar, Calver etc. Follow this path directly ahead (not the one to the right that handrails the wall). Follow this path, over a stream and into the woods ahead Horse Hay Coppice. Through the woods, with the river down to your right, and then into some fields. Just follow the obvious path, and when it brings you to within 50m of an old stone (dilapidated) barn, follow the path round to the right slightly. Through another wall and then onto a path bounded by a wall/fence either side. This leads you into Froggatt.
SK244761	Froggatt	17.5	When you get to the bridge on your right, continue ahead on the road until you see a dog poo bin on your right, by a gate, which will lead you to the riverside path. Pick up this path so that the river is still on your right. Follow this to the end, where you will be greeted with a fork in the path. It honestly doesn't matter which you take, but my preference is the right fork, since this avoids about 5m of roadway up above. Cross the road, and continue following the riverside path so that the river is still on your right. The path eventually brings you obliquely onto Dukes Drive. Turn right onto the road and continue to the pub, the Bridge Inn.
SK247745	Curbar Bridge	19.5	Right turn, over the bridge and immediately look for the footpath (subway) opposite. Follow this down along the underpass and out past the houses and into the fields beyond with the river down to your left. About 300m later you'll come to a stone wall. Take the right turn here, so that you are now walking away from the river and the wall is on your right and a few meters later, a fence on your left. Through a stile, across the field and head for the metal gate just left of the houses you see ahead. Down this path and cross over the muddy track, keeping the houses on your right, with hedgerows either side. If you haven't got lost you're now at Main Street.
SK243745	Main Street, Calver	20.3	Turn left along Main St, past the prominent Methodist Church on your right. As the road rises, and bends round to the right, look out for Pennine Cottage on the right, and the footpath off to the left. (There's a sign post on the wall at about thigh height, "Public Footpath to Bubnall"). Follow this path for about 20m, turn right, and then follow it to the left. (Try your best not to walk into somebody's back garden). Between the two posts and into a field. Walk with the fence on your right. To a moss-covered wall, left turn and then a quick right turn. Follow the path for about 100m and at a junction of paths turn left, into a field and up the hill. You'll see a dilapidated wall down to your left, follow that to its corner and then on and up in the same direction. Up up up and at the boundary of the copse you'll come to a stile with wooden fence on its left and a wire fence on its right. Through this and follow the yellow marker arrows to the top of the hill, well almost
SK242740	Hill top, Bramley Wood	21.1	Just before the very top of the hill, you'll see a footpath off to right, take this. (Do not go to the very edge of the woodline and through a stile into an open field). Do follow the path that is to your right, continuing slightly UP HILL, with a fence on your left. Along this path for half a mile, and then cross

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			Bramley Lane. Just to the left you'll see the trail continues, and very shortly you come to a five bar wooden gate. Just here pass through the gate to your left and continue along the footpath with the wall on your left. Enjoy this ridge-top path all the way now to School Lane, which is 1 mile later. Say hello to a marshal here.
SK232723	School Lane	23.2	Turn left and head down the hill now for about half a mile and turn left where you see a post marking a public footpath. The post points you in a direction through the field. At first you won't see where this is leading, but as you quickly gain the upper convex slope, you'll see that it leads to the far right hand corner. Continue downhill for further two fields keeping the fence/wall on your left at all times. You'll then come to a wall across your front with an obvious path leading left. Steer right however, and round the corner of the wall heading down hill, again keeping the wall on your left. Downhill and down to a path between houses and on to the bridge in Baslow that spans the Derwent.
SK251724	Bridge in Baslow that spans the Derwent	25.2	Over the bridge onto the main road, the A623. (Note there is a COOp just to your left, just in case you're feeling peckish!) Turn right on the road, and cross the road just where you see a traffic island. Continue along the road now, on its left side (this is the safest way avoiding road crossings). Half a mile later or so, you'll pass the Cavendish Hotel. Just after this is a triangular village green, public conveniences, and a marshal to say hello to!
SK258 721	Public Conveniences, Baslow	26	With public toilets behind you, cross over the village green and head up Eaton Road. (Try not to hum Eton Rifles by the Jam). To the top and turn right up Bar Road sign-posted as a dead-end. Follow this to the top, and stay on the main track. Past Wellington's Monument on your right, hand railing a stone wall on your left. Maybe the Highland Cattle will be about – they are adorable, (and have no interest in you). This track leads you to a road. Almost directly opposite is a gate that leads you onto the moor on the other side of the road and wall.
SK276 741	Path crosses Clodhall Lane	29.5	Through this gate, and head obliquely left along an obvious trail. About half a mile later it looks like there is an obvious fork in the trail. Here, turn right following a clear trail up-hill a while. Continue along this to a corner of a stone wall. The rocky path continues uphill slightly leaving the stone wall down to your left. You're now on White Edge. Stay on this past the white trig point and also the curious stone cube (art?), both appearing on your right. Eventually you'll come to a stone wall, and a weather-beaten sign post way-marking the path to the Grouse. Turn left here. And follow the path in the direction of the Grouse. When you meet the bridleway, steer left, into a field, through deep, wet mud, (no avoiding it), and then to the pub!
SK259 779	The Grouse Inn	34.8	Turn left out of the pub, and walk about 100m along the road. The road will go downhill slightly, and then once you have crossed over a stream (under the road) turn right through a gate and onto the bridleway. You'll see a NT sign saying White Edge Moor. Follow this obvious trail now up to White Edge Lodge. Once you reach the driveway for the lodge, follow this to the road.
SK268 789	Road junction B6054 with A625	36.1	When you get to the road, take great care crossing the road, taking extra care to check for traffic coming from your right, around that bend. Cross over to the grassy island, and then again towards the white gate opposite that takes you into the Longshaw Estate proper. Stay on this obvious track, picking up a rocky slope up to your right, until half a mile later you see a gate that will lead you into the trees. Follow this now down past the main building and café (and more toilets). Past the main building, and then head along the tarmac driveway. Just before you reach the road, and just after the lodge on your right, take a right turn up a muddy pathway. This will lead you to the main road, opposite the The Fox House Inn.
SK 266 802	The Fox House Inn S11 7TY	37.6	With GREAT care, cross the road here, and continue along the A6187 in the direction of Sheffield.  About 500m from the pub turn left onto the Houndkirk Trail – a big wide, rutted byway. Stay on this

			now for about 2 miles, before coming to the off-road car parking for Lady Cannings Plantation – a site that those of you who are keen mountain bikers, (or ravers), will know well. Onto the road and down to the pub.
SK 291 837	Meet the road – Norfolk Arms Pub S11 7TS	42.1	When you come to the Norfolk Arms pub, turn left and then immediately right down Fullwood Lane. Walk on past the Alpaca farm to your right. Then a few hundred meters later turn right into the small car park in the trees. Take the path that leads between the picnic tables down into the valley. Follow this path so that the stream is down to your right. Over a gravel track, and onwards keeping to the public footpath. At Mark Lane be sure to take the public footpath keeping the Porter River closely to your right until you come to the road. Cross this and the path takes you on to the Forge Dam cafe with a public loo right next door to it.
SK 298 848	Road, stream, path – hand rail along the Porter valley – any route will work so long as you can hear or see that stream!		Walk on: resist the temptation to go on the swings, or down the slide! Immediately after Ivy Cottage Lane take the first footpath on the right that is nearest to the river, so that you walk with the river on your left. Carry on now for about 0.5 mile until you hit the road again (Whiteley Wood Rd), keeping the river on your left. When you get to the road, cross over and pick up the path now in the same direction, but so that the river is on your right. About 250m later, you cross Highcliffe/Hangingwater Rd and pick up the path in the same direction, but so that the river is now on your left again. The park is opening up now, with a wooded hill up to your right, and the river on your left. Follow along to the end where you will come to a mini-roundabout.
SK 333 857	Endcliffe Park		Right turn and a quick left turn back into the park. Follow on past a duck pond on your right, down past another pond on your left. Continue and the main green will be on your right. Past the <u>café</u> and continue in the same direction to <u>Hunters Bar</u> roundabout.
	The University Arms	50.2	Exit the park through the gates. First exit up Brocco Bank. At the top of the hill this road becomes Clarkehouse Road. Continue on past the Botanical Gardens on your right and onwards past King Edward VII School on your left. Sticking to the Glossop Rd now, past the Hallamshire Hospital on your left. Finally continue past the multi-storey car park, and then take the left turn up Clarkson Street. At the top of this street and you'll see the University down to your right and all it needs now is the final walk down to the pub and one big HURRAH. WELL DONE!!