# **Criteria for HIPI Service Supervisors**

**Basic Criteria**

1. Has current BABCP membership.
2. Complies with the Guidelines for Good Practice of the BABCP and demonstrates a working knowledge thereof.

**CBP Experience**

1. Is a BABCP accredited Cognitive-Behavioural Psychotherapist
2. Has demonstrated in CBT supervision a capacity for safe and effective CBT practice.
3. Can show evidence of continuing professional development.

**Supervisor Experience**

**EITHER**

1. Has satisfactorily completed a substantial structured training programme in supervision.

**OR**

1. Can show evidence that a programme of learning has been followed with a supervisor which ensures that the Guidelines for Good Practice of the BABCP is applied in his/her practice.

**AND**

1. Is currently practising as an IAPT service clinical supervisor.
2. Has had a minimum of two years' practice as a CB therapist.
3. Has completed a minimum of 30 contact hours with supervisees over a maximum of two years immediately prior to commencing as an IAPT clinical supervisor.
4. Can provide evidence of a range of supervisory experience (i.e. work with trainees and experienced CBT practitioners).
5. Evidence of CBT supervisory relationships being initiated, maintained and terminated appropriately.
6. Can provide evidence of the way in which he/she uses his/her authority as a clinical supervisor to promote the safety of the client.
7. Can provide evidence of the use of the Roth & Pilling (2008) competency framework models in his/her practice
8. Can demonstrate an awareness of the values, beliefs and assumptions, which underpin his/her work.
9. Can provide evidence of a capacity for self-regulation and reflection.

# **Role and Boundary Clarification**

The **HIPI** **course team** undertakes:

1. to test the trainees acquisition of fundamental CBT skills prior to beginning clinical work in IAPT services and continue to monitor ongoing development and competence;
2. to communicate to service managers and service supervisors any concerns regarding the trainees which cannot be resolved with the trainee;
3. to offer service managers a consultative framework, including procedures for complaints against trainees or course staff.

The **IAPT Service** undertakes:

1. to offer, as far as possible, an agreed level of referrals of a type suitable for a HIPI trainee (i.e. clients suitable for cognitive behavioural interventions in step 3 of the stepped care model);
2. to provide trainees with a clear contract indicating responsibilities and duties of HIPI trainees;
3. the clinical supervisor will be trained to a level appropriate to working with HIPI trainees and will be prepared to evaluate the clinical performance of the trainee;
4. to provide a safe psychotherapeutic environment and a reasonable level of administrative support;
5. to collaboratively complete the interim and final reports for the Practice Portfolio.

The **HIPI Trainee** undertakes:

1. to work within the BABCP Code of Ethics and Practice;
2. to be clear about the practices and policies of the host Trust;
3. to provide an agreed level of psychotherapy hours by negotiation with service managers;
4. to use the clinical supervision as a means of monitoring his/her own development and fitness to practise;
5. to consult in an appropriate and ethical fashion with colleagues, managers and course staff regarding clients within the placement, especially when there are grounds for concern for clients' welfare.