

The US (Asian) - The probabilities of a hip fracture in men

The following tables give the 10-year probability (%) of a hip fracture according to body mass index (BMI kg/m²), the number of clinical risk factors (CRF) and age. Each table provides a mean estimate and a range, based on the epidemiology of the US (Asian). The range is not a confidence interval, but because the weight of different risk factors varies, is a true range.

Age = 50 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 0.2 | 0.1 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 |
| 1 | 0.5 (0.3-0.9) | 0.3 (0.2-0.5) | 0.1 (0.1-0.3) | 0.1 (0.1-0.2) | 0.1 (0.1-0.2) | 0.1 (0.0-0.1) | 0.1 (0.0-0.1) |
| 2 | 0.9 (0.4-1.9) | 0.5 (0.2-1.1) | 0.3 (0.1-0.6) | 0.2 (0.1-0.4) | 0.2 (0.1-0.3) | 0.1 (0.1-0.3) | 0.1 (0.1-0.2) |
| 3 | 1.7 (0.7-3.3) | 0.9 (0.4-1.9) | 0.5 (0.2-1.0) | 0.4 (0.2-0.8) | 0.3 (0.1-0.6) | 0.2 (0.1-0.5) | 0.2 (0.1-0.4) |
| 4 | 3.1 (1.2-5.0) | 1.7 (0.7-2.8) | 0.9 (0.4-1.5) | 0.7 (0.3-1.2) | 0.6 (0.2-0.9) | 0.4 (0.2-0.7) | 0.3 (0.1-0.6) |
| 5 | 5.5 (2.5-7.3) | 3.1 (1.4-4.2) | 1.7 (0.8-2.3) | 1.3 (0.6-1.8) | 1.0 (0.5-1.4) | 0.8 (0.4-1.1) | 0.6 (0.3-0.8) |
| 6 | 9.5 | 5.4 | 3.0 | 2.3 | 1.8 | 1.4 | 1.1 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from the US (Asian).

Age = 55 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 0.4 | 0.2 | 0.1 | 0.1 | 0.1 | 0.1 | 0.0 |
| 1 | 0.8 (0.5-1.4) | 0.4 (0.3-0.8) | 0.2 (0.2-0.4) | 0.2 (0.1-0.3) | 0.1 (0.1-0.3) | 0.1 (0.1-0.2) | 0.1 (0.1-0.2) |
| 2 | 1.5 (0.8-2.9) | 0.8 (0.4-1.6) | 0.5 (0.2-0.9) | 0.4 (0.2-0.7) | 0.3 (0.2-0.5) | 0.2 (0.1-0.4) | 0.2 (0.1-0.3) |
| 3 | 2.7 (1.2-5.0) | 1.5 (0.7-2.9) | 0.8 (0.4-1.6) | 0.6 (0.3-1.2) | 0.5 (0.2-1.0) | 0.4 (0.2-0.7) | 0.3 (0.1-0.6) |
| 4 | 4.8 (2.1-7.6) | 2.7 (1.2-4.3) | 1.5 (0.7-2.4) | 1.2 (0.5-1.9) | 0.9 (0.4-1.5) | 0.7 (0.3-1.1) | 0.5 (0.2-0.9) |
| 5 | 8.2 (4.3-11) | 4.8 (2.5-6.3) | 2.7 (1.4-3.6) | 2.1 (1.1-2.8) | 1.6 (0.8-2.2) | 1.2 (0.6-1.7) | 1.0 (0.5-1.3) |
| 6 | 14 | 8.2 | 4.7 | 3.6 | 2.8 | 2.2 | 1.7 |

Age = 60 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 0.7 | 0.4 | 0.2 | 0.2 | 0.1 | 0.1 | 0.1 |
| 1 | 1.4 (1.0-2.2) | 0.8 (0.6-1.2) | 0.4 (0.3-0.7) | 0.3 (0.2-0.5) | 0.3 (0.2-0.4) | 0.2 (0.1-0.3) | 0.2 (0.1-0.2) |
| 2 | 2.4 (1.4-4.3) | 1.4 (0.8-2.5) | 0.8 (0.5-1.4) | 0.6 (0.4-1.1) | 0.5 (0.3-0.9) | 0.4 (0.2-0.7) | 0.3 (0.2-0.5) |
| 3 | 4.2 (2.1-7.5) | 2.5 (1.2-4.4) | 1.4 (0.7-2.5) | 1.1 (0.5-1.9) | 0.8 (0.4-1.5) | 0.6 (0.3-1.2) | 0.5 (0.3-0.9) |
| 4 | 7.3 (3.8-11) | 4.3 (2.2-6.6) | 2.4 (1.2-3.8) | 1.9 (0.9-2.9) | 1.5 (0.7-2.3) | 1.1 (0.6-1.8) | 0.9 (0.4-1.4) |
| 5 | 12 (7.3-15) | 7.3 (4.4-9.4) | 4.2 (2.5-5.5) | 3.3 (2.0-4.3) | 2.5 (1.5-3.3) | 2.0 (1.2-2.6) | 1.5 (0.9-2.0) |
| 6 | 20 | 12 | 7.2 | 5.6 | 4.3 | 3.4 | 2.6 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from the US (Asian).

Age = 65 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 1.3 | 0.8 | 0.4 | 0.3 | 0.3 | 0.2 | 0.2 |
| 1 | 2.3 (1.7-3.2) | 1.3 (1.0-1.9) | 0.8 (0.6-1.1) | 0.6 (0.4-0.8) | 0.5 (0.3-0.6) | 0.4 (0.3-0.5) | 0.3 (0.2-0.4) |
| 2 | 3.9 (2.4-6.2) | 2.3 (1.5-3.8) | 1.3 (0.8-2.2) | 1.0 (0.6-1.7) | 0.8 (0.5-1.3) | 0.6 (0.4-1.0) | 0.5 (0.3-0.8) |
| 3 | 6.5 (3.7-11) | 4.0 (2.2-6.6) | 2.3 (1.3-3.9) | 1.8 (1.0-3.0) | 1.4 (0.8-2.3) | 1.1 (0.6-1.8) | 0.8 (0.5-1.4) |
| 4 | 11 (6.4-16) | 6.6 (3.9-9.9) | 3.9 (2.2-5.9) | 3.0 (1.7-4.6) | 2.4 (1.3-3.5) | 1.8 (1.0-2.7) | 1.4 (0.8-2.1) |
| 5 | 17 (12-21) | 11 (7.5-14) | 6.6 (4.5-8.4) | 5.1 (3.5-6.5) | 4.0 (2.7-5.0) | 3.1 (2.1-3.9) | 2.4 (1.6-3.0) |
| 6 | 26 | 17 | 11 | 8.4 | 6.6 | 5.1 | 4.0 |

Age = 70 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 2.3 | 1.4 | 0.8 | 0.6 | 0.5 | 0.4 | 0.3 |
| 1 | 4.2 (3.2-5.0) | 2.6 (2.0-3.0) | 1.5 (1.2-1.8) | 1.2 (0.9-1.4) | 0.9 (0.7-1.1) | 0.7 (0.6-0.8) | 0.5 (0.4-0.6) |
| 2 | 7.3 (4.8-10) | 4.6 (3.0-6.4) | 2.8 (1.8-3.8) | 2.1 (1.4-2.9) | 1.7 (1.1-2.3) | 1.3 (0.8-1.7) | 1.0 (0.6-1.3) |
| 3 | 12 (8.3-18) | 8.1 (5.3-12) | 5.0 (3.2-7.4) | 3.8 (2.5-5.7) | 3.0 (1.9-4.4) | 2.3 (1.5-3.4) | 1.8 (1.1-2.7) |
| 4 | 20 (14-28) | 14 (9.7-20) | 8.8 (6.2-13) | 6.8 (4.8-9.9) | 5.3 (3.7-7.7) | 4.1 (2.9-6.0) | 3.1 (2.2-4.6) |
| 5 | 31 (26-38) | 23 (19-28) | 15 (13-19) | 12 (9.9-15) | 9.2 (7.7-12) | 7.2 (6.0-9.0) | 5.5 (4.6-7.0) |
| 6 | 45 | 35 | 25 | 20 | 16 | 12 | 9.6 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from the US (Asian).

Age = 75 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 4.1 | 2.7 | 1.6 | 1.2 | 1.0 | 0.7 | 0.6 |
| 1 | 7.8 (5.4-14) | 5.1 (3.6-8.9) | 3.2 (2.3-5.5) | 2.5 (1.7-4.3) | 1.9 (1.3-3.3) | 1.5 (1.0-2.5) | 1.1 (0.8-2.0) |
| 2 | 14 (8.1-23) | 9.5 (5.5-16) | 6.1 (3.4-10) | 4.7 (2.7-8.1) | 3.6 (2.0-6.3) | 2.8 (1.6-4.8) | 2.2 (1.2-3.7) |
| 3 | 23 (13-35) | 17 (9.4-26) | 11 (6.0-18) | 8.7 (4.6-14) | 6.7 (3.6-11) | 5.2 (2.8-8.6) | 4.0 (2.1-6.7) |
| 4 | 35 (21-48) | 28 (16-40) | 19 (11-29) | 15 (8.3-23) | 12 (6.4-19) | 9.4 (4.9-15) | 7.3 (3.8-11) |
| 5 | 49 (33-59) | 42 (26-51) | 32 (19-40) | 26 (15-33) | 21 (12-26) | 16 (9.0-21) | 13 (7.0-17) |
| 6 | 62 | 57 | 48 | 41 | 33 | 27 | 22 |

Age = 80 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|--------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 6.6 | 4.4 | 2.8 | 2.1 | 1.6 | 1.3 | 1.0 |
| 1 | 12 (8.4-21) | 8.2 (5.9-14) | 5.3 (3.8-9.4) | 4.1 (3.0-7.3) | 3.2 (2.3-5.6) | 2.4 (1.7-4.4) | 1.9 (1.3-3.4) |
| 2 | 20 (12-32) | 14 (8.8-24) | 9.7 (5.8-17) | 7.5 (4.5-13) | 5.8 (3.4-10) | 4.5 (2.6-8.0) | 3.5 (2.0-6.2) |
| 3 | 30 (18-44) | 24 (13-36) | 17 (8.9-27) | 13 (6.9-22) | 10 (5.3-17) | 8.0 (4.1-14) | 6.2 (3.1-11) |
| 4 | 42 (26-54) | 36 (21-48) | 27 (15-38) | 22 (12-31) | 17 (9.1-25) | 14 (7.1-20) | 11 (5.5-16) |
| 5 | 55 (38-64) | 50 (33-59) | 41 (25-50) | 34 (20-42) | 28 (16-35) | 22 (12-28) | 18 (9.5-23) |
| 6 | 66 | 63 | 57 | 49 | 42 | 34 | 28 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from the US (Asian).

Age = 85 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|-------------|--------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 8.3 | 5.7 | 3.6 | 2.8 | 2.2 | 1.7 | 1.3 |
| 1 | 15 (10-25) | 10 (7.5-18) | 6.9 (5.0-12) | 5.3 (3.8-9.4) | 4.1 (2.9-7.3) | 3.1 (2.2-5.7) | 2.4 (1.7-4.4) |
| 2 | 24 (15-38) | 18 (11-29) | 12 (7.5-21) | 9.6 (5.8-17) | 7.5 (4.4-13) | 5.8 (3.4-10) | 4.4 (2.6-7.8) |
| 3 | 35 (22-50) | 29 (17-43) | 21 (11-33) | 17 (8.8-27) | 13 (6.8-21) | 10 (5.3-17) | 7.9 (4.0-13) |
| 4 | 48 (31-61) | 42 (26-55) | 33 (19-45) | 27 (15-38) | 22 (12-31) | 17 (9.0-25) | 13 (7.0-20) |
| 5 | 61 (45-69) | 56 (38-65) | 48 (31-57) | 41 (25-49) | 34 (20-42) | 27 (15-34) | 22 (12-28) |
| 6 | 71 | 69 | 63 | 56 | 48 | 41 | 34 |

Age = 90 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|-------------|--------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 7.8 | 5.5 | 3.6 | 2.8 | 2.1 | 1.6 | 1.2 |
| 1 | 14 (9.6-24) | 10 (7.1-18) | 6.8 (4.9-12) | 5.2 (3.7-9.3) | 4.0 (2.8-7.2) | 3.1 (2.2-5.6) | 2.4 (1.7-4.3) |
| 2 | 22 (14-36) | 17 (11-28) | 12 (7.3-20) | 9.4 (5.6-16) | 7.3 (4.3-13) | 5.6 (3.3-9.7) | 4.3 (2.5-7.5) |
| 3 | 34 (21-48) | 27 (16-41) | 20 (11-32) | 16 (8.6-26) | 13 (6.6-21) | 9.8 (5.1-16) | 7.6 (3.9-13) |
| 4 | 46 (29-59) | 40 (24-52) | 32 (18-44) | 26 (14-36) | 21 (11-30) | 16 (8.6-24) | 13 (6.6-19) |
| 5 | 59 (43-68) | 54 (36-63) | 46 (29-56) | 39 (23-48) | 32 (18-40) | 26 (14-33) | 21 (11-27) |
| 6 | 70 | 67 | 61 | 54 | 46 | 39 | 32 |