

Taiwan - The probabilities of a hip fracture in women

The following tables give the 10-year probability (%) of a hip fracture according to body mass index (BMI kg/m²), the number of clinical risk factors (CRF) and age. Each table provides a mean estimate and a range, based on the epidemiology of Taiwan. The range is not a confidence interval, but because the weight of different risk factors varies, is a true range.

Age = 50 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 0.7 | 0.4 | 0.2 | 0.2 | 0.1 | 0.1 | 0.1 |
| 1 | 1.5 (1.0-2.9) | 0.8 (0.5-1.6) | 0.4 (0.3-0.9) | 0.3 (0.2-0.7) | 0.3 (0.2-0.5) | 0.2 (0.1-0.4) | 0.2 (0.1-0.3) |
| 2 | 2.9 (1.5-6.2) | 1.6 (0.8-3.4) | 0.9 (0.4-1.8) | 0.7 (0.3-1.4) | 0.5 (0.3-1.1) | 0.4 (0.2-0.9) | 0.3 (0.2-0.7) |
| 3 | 5.5 (2.2-11) | 3.0 (1.2-5.9) | 1.6 (0.7-3.2) | 1.3 (0.5-2.5) | 1.0 (0.4-2.0) | 0.8 (0.3-1.5) | 0.6 (0.2-1.2) |
| 4 | 9.9 (3.9-16) | 5.5 (2.1-8.9) | 3.0 (1.2-4.9) | 2.3 (0.9-3.8) | 1.8 (0.7-3.0) | 1.4 (0.5-2.3) | 1.1 (0.4-1.8) |
| 5 | 17 (8.2-23) | 9.8 (4.5-13) | 5.4 (2.5-7.3) | 4.2 (1.9-5.7) | 3.3 (1.5-4.5) | 2.6 (1.2-3.5) | 2.0 (0.9-2.7) |
| 6 | 29 | 17 | 9.5 | 7.4 | 5.8 | 4.5 | 3.5 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in women from Taiwan.

Age = 55 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 1.5 | 0.8 | 0.4 | 0.3 | 0.3 | 0.2 | 0.2 |
| 1 | 2.9 (2.0-5.0) | 1.6 (1.1-2.8) | 0.9 (0.6-1.5) | 0.7 (0.5-1.2) | 0.5 (0.4-0.9) | 0.4 (0.3-0.7) | 0.3 (0.2-0.5) |
| 2 | 5.3 (2.9-10) | 2.9 (1.6-5.8) | 1.6 (0.9-3.2) | 1.2 (0.7-2.5) | 1.0 (0.5-1.9) | 0.8 (0.4-1.5) | 0.6 (0.3-1.2) |
| 3 | 9.6 (4.4-17) | 5.4 (2.4-10) | 3.0 (1.3-5.6) | 2.3 (1.0-4.3) | 1.8 (0.8-3.4) | 1.4 (0.6-2.6) | 1.1 (0.5-2.0) |
| 4 | 17 (7.7-25) | 9.5 (4.3-15) | 5.3 (2.3-8.4) | 4.1 (1.8-6.6) | 3.2 (1.4-5.1) | 2.5 (1.1-4.0) | 2.0 (0.9-3.1) |
| 5 | 27 (15-35) | 16 (8.9-21) | 9.3 (4.9-12) | 7.3 (3.8-9.7) | 5.7 (3.0-7.6) | 4.4 (2.3-5.9) | 3.5 (1.8-4.6) |
| 6 | 43 | 27 | 16 | 13 | 9.8 | 7.7 | 6.0 |

Age = 60 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 3.0 | 1.6 | 0.9 | 0.7 | 0.5 | 0.4 | 0.3 |
| 1 | 5.4 (3.9-8.4) | 3.0 (2.2-4.7) | 1.7 (1.2-2.6) | 1.3 (0.9-2.0) | 1.0 (0.7-1.6) | 0.8 (0.6-1.2) | 0.6 (0.4-0.9) |
| 2 | 9.6 (5.7-17) | 5.4 (3.2-9.7) | 3.0 (1.8-5.5) | 2.3 (1.4-4.3) | 1.8 (1.1-3.3) | 1.4 (0.8-2.6) | 1.1 (0.6-2.0) |
| 3 | 16 (8.5-27) | 9.5 (4.8-16) | 5.3 (2.7-9.4) | 4.2 (2.1-7.4) | 3.3 (1.6-5.8) | 2.5 (1.3-4.5) | 2.0 (1.0-3.5) |
| 4 | 27 (15-38) | 16 (8.4-24) | 9.3 (4.7-14) | 7.3 (3.7-11) | 5.7 (2.8-8.7) | 4.4 (2.2-6.8) | 3.5 (1.7-5.3) |
| 5 | 41 (27-50) | 26 (17-33) | 16 (9.7-20) | 12 (7.6-16) | 9.7 (5.9-13) | 7.6 (4.6-9.9) | 6.0 (3.6-7.8) |
| 6 | 59 | 41 | 26 | 20 | 16 | 13 | 10 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in women from Taiwan.

Age = 65 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|---------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 5.6 | 3.2 | 1.8 | 1.4 | 1.1 | 0.8 | 0.6 |
| 1 | 9.6 (7.3-13) | 5.6 (4.2-7.8) | 3.1 (2.3-4.4) | 2.4 (1.8-3.4) | 1.9 (1.4-2.6) | 1.5 (1.1-2.1) | 1.1 (0.8-1.6) |
| 2 | 16 (10-25) | 9.5 (6.1-15) | 5.4 (3.4-8.9) | 4.2 (2.7-7.0) | 3.3 (2.1-5.5) | 2.6 (1.6-4.2) | 2.0 (1.2-3.3) |
| 3 | 26 (15-39) | 16 (9.1-25) | 9.3 (5.2-15) | 7.3 (4.0-12) | 5.7 (3.1-9.4) | 4.4 (2.4-7.4) | 3.4 (1.9-5.8) |
| 4 | 39 (25-52) | 25 (16-36) | 15 (9.0-22) | 12 (7.0-18) | 9.6 (5.5-14) | 7.5 (4.3-11) | 5.9 (3.3-8.7) |
| 5 | 55 (43-62) | 39 (29-47) | 25 (18-31) | 20 (14-25) | 16 (11-20) | 12 (8.7-16) | 9.8 (6.8-12) |
| 6 | 70 | 55 | 38 | 31 | 25 | 20 | 16 |

Age = 70 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|-------------|---------------|---------------|---------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 9.7 | 5.8 | 3.3 | 2.6 | 2.0 | 1.6 | 1.2 |
| 1 | 17 (13-20) | 10 (8.3-12) | 6.1 (4.8-7.0) | 4.7 (3.8-5.5) | 3.7 (2.9-4.3) | 2.8 (2.3-3.3) | 2.2 (1.7-2.6) |
| 2 | 28 (20-36) | 18 (12-24) | 11 (7.3-14) | 8.5 (5.7-11) | 6.6 (4.4-8.8) | 5.2 (3.4-6.9) | 4.0 (2.7-5.4) |
| 3 | 43 (31-55) | 30 (21-41) | 19 (13-27) | 15 (9.8-22) | 12 (7.7-17) | 9.2 (6.0-14) | 7.2 (4.6-11) |
| 4 | 59 (48-71) | 46 (35-59) | 31 (24-42) | 25 (19-35) | 20 (15-28) | 16 (12-23) | 13 (9.1-18) |
| 5 | 73 (68-80) | 63 (58-71) | 48 (43-56) | 40 (35-47) | 33 (29-39) | 27 (23-32) | 21 (18-26) |
| 6 | 82 | 78 | 67 | 58 | 50 | 42 | 34 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in women from Taiwan.

Age = 75 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|------------|-------------|--------------|--------------|---------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 14 | 9.3 | 5.6 | 4.3 | 3.4 | 2.6 | 2.0 |
| 1 | 25 (19-40) | 17 (13-28) | 11 (7.9-18) | 8.5 (6.1-14) | 6.6 (4.8-11) | 5.1 (3.7-8.8) | 4.0 (2.8-6.8) |
| 2 | 40 (27-57) | 30 (18-45) | 20 (12-32) | 16 (9.2-26) | 12 (7.2-21) | 9.7 (5.6-16) | 7.5 (4.3-13) |
| 3 | 56 (39-72) | 46 (30-62) | 33 (20-49) | 27 (16-41) | 22 (12-34) | 17 (9.6-27) | 14 (7.5-22) |
| 4 | 70 (54-80) | 63 (45-76) | 51 (33-67) | 43 (26-59) | 36 (21-50) | 29 (17-42) | 24 (13-35) |
| 5 | 79 (68-85) | 76 (62-83) | 69 (51-78) | 61 (43-71) | 54 (35-63) | 46 (29-55) | 38 (23-47) |
| 6 | 85 | 84 | 82 | 77 | 71 | 64 | 56 |

Age = 80 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|------------|------------|-------------|--------------|--------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 17 | 12 | 7.8 | 6.1 | 4.7 | 3.6 | 2.8 |
| 1 | 28 (21-44) | 21 (16-35) | 14 (11-24) | 11 (8.2-19) | 8.7 (6.4-15) | 6.8 (4.9-12) | 5.2 (3.8-9.3) |
| 2 | 41 (29-59) | 33 (22-50) | 24 (16-39) | 20 (12-32) | 15 (9.5-26) | 12 (7.3-21) | 9.5 (5.7-16) |
| 3 | 55 (40-70) | 48 (32-64) | 38 (23-55) | 31 (18-47) | 26 (14-40) | 21 (11-33) | 16 (8.6-26) |
| 4 | 67 (51-77) | 62 (45-73) | 54 (36-68) | 47 (29-60) | 39 (23-52) | 32 (19-44) | 26 (15-37) |
| 5 | 76 (64-81) | 73 (59-80) | 69 (52-77) | 62 (44-71) | 55 (36-64) | 47 (30-56) | 40 (24-48) |
| 6 | 81 | 81 | 79 | 75 | 69 | 62 | 55 |

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in women from Taiwan.

Age = 85 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|------------|------------|-------------|--------------|--------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 16 | 12 | 8.5 | 6.5 | 5.0 | 3.8 | 2.9 |
| 1 | 26 (19-42) | 21 (15-34) | 15 (11-26) | 12 (8.5-20) | 9.2 (6.5-16) | 7.1 (5.0-13) | 5.4 (3.8-9.8) |
| 2 | 39 (27-56) | 32 (22-49) | 25 (16-39) | 20 (13-32) | 16 (9.7-26) | 12 (7.5-21) | 9.6 (5.7-16) |
| 3 | 51 (37-66) | 46 (31-61) | 38 (23-54) | 32 (19-46) | 26 (15-39) | 21 (11-32) | 16 (8.7-26) |
| 4 | 63 (47-74) | 59 (42-71) | 53 (35-66) | 45 (28-58) | 38 (23-51) | 32 (18-43) | 26 (14-36) |
| 5 | 72 (60-77) | 70 (56-77) | 66 (50-74) | 60 (42-69) | 53 (35-62) | 45 (28-54) | 38 (23-47) |
| 6 | 76 | 78 | 77 | 72 | 66 | 59 | 52 |

Age = 90 years

| Number of CRFs | BMI (kg/m ²) | | | | | | |
|----------------|--------------------------|------------|-------------|--------------|--------------|--------------|---------------|
| | 15 | 20 | 25 | 30 | 35 | 40 | 45 |
| 0 | 12 | 9.4 | 6.9 | 5.3 | 4.0 | 3.1 | 2.3 |
| 1 | 20 (15-34) | 16 (12-28) | 12 (8.7-21) | 9.5 (6.6-17) | 7.3 (5.1-13) | 5.6 (3.8-10) | 4.3 (2.9-7.8) |
| 2 | 31 (21-47) | 26 (17-41) | 20 (13-33) | 16 (9.9-27) | 13 (7.6-21) | 9.8 (5.8-17) | 7.5 (4.4-13) |
| 3 | 43 (29-58) | 38 (24-52) | 31 (19-46) | 26 (15-38) | 21 (11-32) | 16 (8.8-26) | 13 (6.7-20) |
| 4 | 55 (39-67) | 51 (34-63) | 45 (28-57) | 38 (22-50) | 31 (18-42) | 25 (14-35) | 20 (11-29) |
| 5 | 64 (52-70) | 63 (47-70) | 58 (41-67) | 51 (34-60) | 44 (28-53) | 37 (22-46) | 31 (17-39) |
| 6 | 69 | 71 | 70 | 64 | 58 | 51 | 43 |