

Austria - The probabilities of a hip fracture in men

The following tables give the 10-year probability (%) of a hip fracture according to body mass index (BMI kg/m²), the number of clinical risk factors (CRF) and age. Each table provides a mean estimate and a range, based on the epidemiology of Austria. The range is not a confidence interval, but because the weight of different risk factors varies, is a true range.

Age = 50 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	0.7	0.4	0.2	0.2	0.1	0.1	0.1
1	1.4 (0.9-2.8)	0.8 (0.5-1.6)	0.4 (0.3-0.9)	0.3 (0.2-0.7)	0.3 (0.2-0.5)	0.2 (0.1-0.4)	0.2 (0.1-0.3)
2	2.7 (1.4-5.6)	1.6 (0.8-3.3)	0.9 (0.4-1.8)	0.7 (0.3-1.4)	0.5 (0.3-1.1)	0.4 (0.2-0.9)	0.3 (0.2-0.7)
3	5.0 (2.1-9.7)	2.9 (1.2-5.7)	1.6 (0.7-3.2)	1.3 (0.5-2.5)	1.0 (0.4-1.9)	0.8 (0.3-1.5)	0.6 (0.2-1.2)
4	8.9 (3.6-14)	5.3 (2.1-8.6)	3.0 (1.2-4.9)	2.3 (0.9-3.8)	1.8 (0.7-3.0)	1.4 (0.5-2.3)	1.1 (0.4-1.8)
5	15 (7.1-20)	9.2 (4.2-12)	5.3 (2.4-7.1)	4.1 (1.9-5.6)	3.2 (1.4-4.3)	2.5 (1.1-3.4)	1.9 (0.9-2.6)
6	25	16	9.3	7.2	5.6	4.4	3.4

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from Austria.

Age = 55 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	1.1	0.6	0.4	0.3	0.2	0.2	0.1
1	2.1 (1.5-3.7)	1.2 (0.8-2.2)	0.7 (0.5-1.2)	0.5 (0.4-0.9)	0.4 (0.3-0.7)	0.3 (0.2-0.6)	0.2 (0.2-0.4)
2	3.8 (2.1-7.2)	2.3 (1.2-4.3)	1.3 (0.7-2.5)	1.0 (0.5-1.9)	0.8 (0.4-1.5)	0.6 (0.3-1.2)	0.5 (0.3-0.9)
3	6.8 (3.2-12)	4.1 (1.9-7.6)	2.3 (1.1-4.4)	1.8 (0.8-3.4)	1.4 (0.6-2.6)	1.1 (0.5-2.0)	0.8 (0.4-1.6)
4	12 (5.5-18)	7.1 (3.3-11)	4.2 (1.9-6.6)	3.2 (1.4-5.2)	2.5 (1.1-4.0)	1.9 (0.9-3.1)	1.5 (0.7-2.4)
5	19 (10-24)	12 (6.4-16)	7.2 (3.8-9.5)	5.6 (2.9-7.4)	4.4 (2.3-5.8)	3.4 (1.8-4.5)	2.6 (1.4-3.5)
6	30	20	12	9.6	7.5	5.8	4.5

Age = 60 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	1.7	1.0	0.6	0.4	0.3	0.3	0.2
1	3.0 (2.2-4.8)	1.8 (1.3-2.9)	1.1 (0.8-1.7)	0.8 (0.6-1.3)	0.6 (0.5-1.0)	0.5 (0.4-0.8)	0.4 (0.3-0.6)
2	5.2 (3.0-8.8)	3.2 (1.9-5.6)	1.9 (1.1-3.4)	1.5 (0.9-2.6)	1.1 (0.7-2.0)	0.9 (0.5-1.6)	0.7 (0.4-1.2)
3	8.8 (4.6-15)	5.5 (2.8-9.7)	3.3 (1.7-5.9)	2.6 (1.3-4.6)	2.0 (1.0-3.5)	1.5 (0.8-2.7)	1.2 (0.6-2.1)
4	14 (7.9-22)	9.3 (5.0-14)	5.7 (2.9-8.8)	4.4 (2.3-6.9)	3.4 (1.8-5.3)	2.7 (1.4-4.1)	2.0 (1.0-3.2)
5	22 (14-27)	15 (9.3-19)	9.6 (5.8-12)	7.5 (4.5-9.6)	5.8 (3.5-7.5)	4.5 (2.7-5.8)	3.5 (2.1-4.5)
6	33	24	16	12	9.7	7.5	5.8

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from Austria.

Age = 65 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	2.7	1.7	1.0	0.8	0.6	0.5	0.4
1	4.5 (3.5-6.5)	2.9 (2.2-4.2)	1.8 (1.3-2.5)	1.4 (1.0-1.9)	1.0 (0.8-1.5)	0.8 (0.6-1.2)	0.6 (0.5-0.9)
2	7.4 (4.6-11)	4.9 (3.1-7.7)	3.0 (1.9-4.9)	2.3 (1.5-3.8)	1.8 (1.1-2.9)	1.4 (0.9-2.2)	1.1 (0.7-1.7)
3	12 (7.0-19)	8.1 (4.6-13)	5.1 (2.9-8.4)	4.0 (2.2-6.6)	3.0 (1.7-5.1)	2.3 (1.3-3.9)	1.8 (1.0-3.0)
4	18 (11-26)	13 (8.0-19)	8.5 (5.0-13)	6.6 (3.9-9.8)	5.1 (3.0-7.6)	3.9 (2.3-5.9)	3.0 (1.8-4.5)
5	27 (19-32)	20 (14-24)	14 (9.4-17)	11 (7.2-13)	8.3 (5.6-10)	6.4 (4.3-8.0)	4.9 (3.3-6.1)
6	37	30	21	17	13	10	8.0

Age = 70 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	4.3	2.9	1.9	1.4	1.1	0.8	0.6
1	7.3 (5.4-8.9)	5.1 (3.9-6.2)	3.3 (2.6-4.0)	2.6 (2.0-3.0)	2.0 (1.5-2.3)	1.5 (1.1-1.8)	1.1 (0.9-1.4)
2	12 (8.0-18)	8.8 (5.8-13)	5.9 (3.9-8.2)	4.5 (3.0-6.4)	3.5 (2.3-4.9)	2.7 (1.7-3.8)	2.0 (1.3-2.9)
3	19 (12-28)	15 (9.5-21)	10 (6.7-15)	7.8 (5.2-11)	6.0 (4.0-8.8)	4.6 (3.1-6.8)	3.6 (2.3-5.2)
4	29 (20-38)	23 (16-32)	17 (12-24)	13 (9.1-19)	10 (7.0-15)	8.0 (5.3-12)	6.1 (4.1-9.0)
5	40 (34-49)	34 (29-42)	27 (23-33)	21 (18-27)	17 (14-22)	13 (11-17)	10 (8.4-13)
6	53	47	40	33	27	21	17

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from Austria.

Age = 75 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	6.8	5.1	3.5	2.7	2.0	1.5	1.2
1	12 (8.1-21)	9.3 (6.3-16)	6.6 (4.6-11)	5.1 (3.5-8.9)	3.9 (2.7-6.9)	3.0 (2.0-5.3)	2.3 (1.5-4.0)
2	20 (12-32)	16 (9.4-26)	12 (6.8-20)	9.2 (5.2-15)	7.1 (4.0-12)	5.5 (3.1-9.3)	4.2 (2.3-7.2)
3	30 (17-46)	26 (14-39)	20 (11-31)	16 (8.6-25)	12 (6.6-20)	9.7 (5.0-16)	7.5 (3.8-12)
4	42 (26-56)	38 (23-50)	32 (18-44)	26 (14-37)	21 (11-30)	16 (8.6-24)	13 (6.5-19)
5	55 (39-64)	51 (35-60)	45 (29-55)	38 (24-48)	32 (19-40)	26 (15-33)	21 (11-27)
6	67	64	59	52	45	38	31

Age = 80 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	10	7.7	5.6	4.3	3.3	2.5	1.9
1	17 (12-28)	13 (9.4-23)	10 (7.1-18)	7.8 (5.4-14)	6.0 (4.1-11)	4.6 (3.1-8.3)	3.5 (2.4-6.4)
2	26 (17-41)	22 (14-35)	17 (11-28)	13 (8.1-23)	10 (6.2-18)	8.0 (4.7-14)	6.2 (3.6-11)
3	37 (23-52)	32 (20-46)	27 (16-40)	22 (12-33)	17 (9.4-27)	13 (7.2-21)	10 (5.5-17)
4	49 (32-62)	45 (28-57)	39 (23-51)	32 (18-44)	26 (14-37)	21 (11-30)	17 (8.5-24)
5	61 (45-69)	57 (40-66)	52 (35-61)	45 (29-54)	38 (23-47)	32 (18-40)	26 (14-33)
6	70	68	65	58	51	44	37

Ten year probability of hip fractures (%) according to BMI, the number of clinical risk factors (CRF) and age in men from Austria.

Age = 85 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	12	9.7	7.4	5.7	4.3	3.3	2.5
1	20 (14-33)	16 (11-28)	13 (9.1-23)	10 (7.0-18)	7.8 (5.3-14)	5.9 (4.0-11)	4.5 (3.0-8.3)
2	30 (20-46)	26 (17-41)	21 (13-34)	17 (10-28)	13 (7.9-22)	10 (6.0-18)	7.8 (4.6-14)
3	42 (27-56)	37 (23-51)	32 (19-46)	26 (15-38)	21 (12-32)	17 (9.1-26)	13 (6.9-20)
4	53 (37-65)	49 (32-61)	44 (27-56)	37 (22-49)	31 (17-42)	25 (14-35)	20 (10-29)
5	63 (50-70)	61 (45-69)	57 (40-66)	50 (33-59)	43 (27-52)	36 (22-45)	30 (17-38)
6	69	70	68	63	56	49	42

Age = 90 years

Number of CRFs	BMI (kg/m ²)						
	15	20	25	30	35	40	45
0	14	11	8.7	6.7	5.1	3.8	2.9
1	22 (16-36)	19 (13-31)	15 (10-26)	12 (8.0-20)	9.0 (6.1-16)	6.9 (4.6-12)	5.2 (3.5-9.6)
2	33 (22-49)	28 (19-44)	24 (15-38)	19 (12-32)	15 (9.1-25)	12 (6.9-20)	9.0 (5.3-16)
3	44 (30-59)	40 (26-55)	35 (22-49)	29 (17-42)	23 (14-35)	19 (10-29)	15 (8.0-23)
4	55 (40-66)	52 (35-64)	48 (31-60)	41 (25-53)	34 (20-45)	28 (15-38)	23 (12-32)
5	62 (52-67)	62 (48-69)	60 (44-68)	53 (37-62)	47 (30-56)	40 (24-49)	33 (19-41)
6	64	69	70	65	59	52	45